

START YOUR DAY THE RIGHT WAY

Served 9am - 12noon

Breakfast Bap £4.95

A choice of bacon, sausage or egg or a combination of two, served in a soft white bap.

Two Eggs Your Way on Toast V £4.95

Anyway you like fried, poached or scrambled served on your choice of toast

Seasons Breakfast £9.50

Two slices of back bacon, one country pork sausage, a fried egg, mushrooms and a grilled tomato served with your choice of toast and butter.

Vegetarian Breakfast V Ve £8.45

Vegan Cumberland sausage (Quorn), mushrooms, grilled tomato, hash brown and baked beans served with your choice of toast.

ADD A LITTLE EXTRA

£1.50 per portion

- Sausage
- Bacon
- Smashed Avocado
- Halloumi

£1.25 per portion

- Egg
- Baked Beans
- Mushroom
- Hash Brown

Sourdough Toast V £2.95

Served hot with butter and a choice of Tiptree honey, preserve or marmalade.

Seasons Breakfast Porridge V £4.25

Served with a choice of cinnamon and honey Or berry compote **GF option available**

Selection of Pastries/Croissant £2.25

Freshly baked, please ask for today's choice.



Welcome to Seasons and our freshly prepared seasonal menu using, where possible, locally sourced produce.

ALLERGENS

Please advise your table host of any allergies or dietary requirements you may have before placing your order, as not all ingredients can be listed on the menu. Detailed allergen information is available on request. Please be aware that our food is prepared in an environment where allergens are present, and we are unable to guarantee the total absence of allergens in our dishes. If you are looking for gluten free, vegetarian, or vegan options please speak to one of our team for advice.

Check our QR code for a menu personalised for your dietary requirements.



Scan Me

Or visit this url:
mnu.mx/1A72D68
to see our allergen menus

Please ask if you would prefer gluten free bread, it is available for all our dishes.

SYMBOLS **GF** Gluten Free **V** Vegetarian **Ve** Vegan

PLEASE SEE OVERLEAF FOR OUR MENU SERVED FROM 12 NOON

WHY WAIT UNTIL LUNCH?

Served 9am - 12noon

Eggs Florentine V £7.95

Poached eggs with steamed spinach and Hollandaise sauce served on a toasted artisan English muffin.

Eggs Benedict £7.95

Poached eggs with local hand carved ham and Hollandaise sauce served on a toasted English artisan muffin.

A Stack of American Pancakes

Served with maple syrup and crispy bacon, or maple syrup and mixed berries. **V Ve** £5.75 £4.95

A Garden Brunch Ve £4.95

Toasted sourdough served with hummus and roasted peppers, topped with pumpkin seeds.

SEASONS SANDWICHES

Available all day

All served with Seasons house garnish and a handful of Piper's crisps. Gluten free bread is available.

Egg mayo with watercress V £6.50

Hummus, beetroot, red peppers, grated carrot and green leaves Ve £6.50

Atlantic prawns, marie rose mayonnaise and rocket £6.95

Locally sourced ham, mature cheddar cheese and ploughmans pickle £6.95

SIDE ORDERS

Potato wedges £2.95

Homemade coleslaw £1.95

WARM LIGHT BITES

Served 12noon - 4.30pm

Soup of the Day £5.75

A warming bowl of delicious soup, served with croutons, crusty bread and butter. Please ask for today's choice.

Steak Baguette £9.95

Five-minute steak with rocket, and horseradish sauce served in a crusty baguette.

Homemade Mackerel Pate £5.95

Served with toasted sourdough and a salad garnish.

Locally Baked Artisan Panini Style Bread

Served with Seasons mixed leaves and homemade coleslaw. Choose from:

Crispy bacon, brie and cranberry £6.95

Roasted vegetables and halloumi **V** £6.95

Locally sourced ham and mozzarella £6.95

Tuna mayo with melted cheddar cheese £6.95

SIDE ORDER

Potato wedges £2.95

Pipers crisps (various flavours) £1.30

NATURE'S HARVEST

Served 12noon - 4.30pm

Seasons Autumn Bowl

Warming mixed bean cassoulet, infused with a hint of smoked paprika, topped with nuggets of butternut squash

Served plain **Ve** £8.00

Or with your choice of:

Sustainably sourced freshly baked Cod Loin £9.50

Mini Chorizo sausages £8.95

Griddled Halloumi **V** £8.95



CAKE O'CLOCK

Served all day

Gluten Free and Vegan options available.

Freshly made scone, jam and butter £3.25

Freshly made scone, jam, butter, and Rhodda's clotted cream £4.45

Treat yourself to a slice of cake £3.45

Seasons Fruit Cake

Plum and Almond

Apple and Cinnamon

Lemon Drizzle

Chocolate **GF**

Raspberry Bakewell Slice £2.75

Salted Caramel Chocolate Brownie

Banana, Oat, Nut and Redcurrant Slice **Ve**

SYMBOLS **GF** Gluten Free **V** Vegetarian **Ve** Vegan

PLEASE SEE OVERLEAF
FOR ALLERGEN INFORMATION

SEASONS JACKETS

Served 12noon - 4.30pm

Our freshly baked jacket potatoes are accompanied by a salad garnish and homemade coleslaw.

Choose from:

Beans, cheese, tuna mayo, roasted vegetables £7.25

Add an extra filling £1.50

Coronation chicken or Atlantic prawns in a marie rose mayonnaise £7.50

TO FINISH, SOMETHING SWEET?

Served 12noon - 4.30pm

Toffee Apple Fool £4.25

Home-made to our own favourite recipe.

Winter Berry Mess £4.25

A homemade blend of meringue, winter berries, and whipped cream

Slice of Baked New York Cheesecake £4.25

Garnished with a mango coulis

Two Scoops of Ice Cream or Sorbet £3.95

Choose from Vanilla, Strawberry, Chocolate, Rum and Raisin, Stem Ginger Ice Creams or Lemon Sorbet.

DRINKS

Please see our separate menu for our full range of hot and cold drinks